



CHANNELS

— Bar & Brasserie —

LODGE BREAKFAST

MON - FRI 7.00 - 10AM | SAT & SUN 8 - 10AM

SMALL BREAKFAST BITES

SMOKED BACON SARNIE

Served on either white or granary bread.

PORK SAUSAGE & FRIED ONION SARNIE

Served on either white or granary bread.

PANCAKES PACKED WITH PROTEIN

Vanilla protein pancakes with fresh blueberries and raspberries.

MIXED BERRIES, YOGHURT & LUXURY GRANOLA POT

Mixed summer berry compote topped with natural yoghurt and granola.

SCOTTISH PORRIDGE OATS

With honey and mixed berries.

TWO SLICES OF TOAST

With butter and Tiptree Jam.

BIG BREAKFAST BITES

CHANNELS BREAKFAST

Two bacon, one sausage, fried egg, mushrooms, baked beans, black pudding and grilled tomato with one slice of toast.

VEGGIE ENGLISH

Two fried eggs, baked beans, grilled tomato, mushrooms and hash browns with one slice of toast.

TOASTED WHOLEMEAL BREAD GLAZED WITH WELSH RAREBIT

Crispy smoked bacon with warm poached hen's eggs and crispy leeks.

NAUGHTY BUTTY

Smoked streaky bacon stacked between French toast drizzled with maple syrup.

HEALTHY & GLUTEN FREE

EGGS BENEDICT

Home cooked gammon ham on a toasted English muffin or gluten free toast topped with two poached eggs and hollandaise sauce. GF

EGGS ROYALE

Loch Fyne smoked salmon on a toasted English muffin or gluten free toast with two poached eggs and hollandaise sauce. GF

EGGS FLORENTINE

On a toasted English muffin or gluten free toast topped with two poached eggs and hollandaise sauce. GF

HAM & EGGS YOUR WAY

Home-cooked honey roasted gammon ham topped with two poached, fried or scrambled hen's eggs and a slice of toast. GF

GRILLED MACKEREL

Two soft poached eggs. GF

SMASHED AVOCADO, LIME, CHILLI FLAKES & POACHED EGGS

On one slice of wholemeal toast or gluten free toast. GF

THREE EGGS SCRAMBLED

On two slices of toast, English muffin or gluten free toast. GF

SCRAMBLED EGGS & SMOKED SALMON

On two slices of toast, English muffin or gluten free toast. GF

PLEASE HELP YOURSELF
TO OUR SELECTION OF
FRUIT, YOGHURTS,
CEREAL AND FRUIT JUICE.



Breakfast includes one item per person. All of our food is prepared in a kitchen where nuts, glutes and other allergens may be present, our menu descriptions do not include all ingredients. If you have a known food allergy or intolerance please let us know before ordering. Full allergen information is available from Management if required.